

FOR IMMEDIATE RELEASE

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LCC Women’s Basketball Hosts Run

Parsons, KS- The Labette Community College Lady Cardinal basketball team will host a 5K Run/Walk and Dribble Run on Saturday, September 20.

“The run is a fundraiser for the Lady Cardinal Basketball team,” said head Coach Anna Nimz. “After the run, participants will be able to take part in a 15 minute dribble clinic with the Lady Cardinal Basketball team.”

Registration will begin at 6:00 a.m. with the run beginning at 7:30 on Saturday, September 20. After the 5K Run/Walk is complete the Dribble Run/race will begin around Forest Park at 8:45 am. Participants in the dribble run/race will have a basketball provided to use. They will run/walk one lap around the park. The winner for each age group will be allowed to keep their basketball.

AGE GROUPS

--5K--	--Dribble Run--
11 & Under	3yrs-5yrs
12yrs & 17yrs	6yrs-9yrs
18yrs & Up	10yrs-13yrs

Certificates will be awarded to the top three overall runners (male and female) in each race and to the top three in each age group for each gender (excluding overall placers).

Overall Prizes include: Female 5K- 1st place LCC Women’s Basketball hooded sweatshirt and two all-seasons pass and 2nd Place- LCC Women’s Basketball long-sleeve t-shirt
Male 5K- 1st place will receive an LCC Women’s Basketball hooded sweatshirt and two all-seasons pass and 2nd Place will receive an LCC Women’s Basketball long-sleeve t-shirt.

For more information or to register by the September 15 deadline, contact Anna Nimz- annan@labette.edu or Shelby Hillman - shelbyh@labette.edu.