

PHYSICAL EDUCATION

ASSOCIATE IN SCIENCE

The associates in physical education prepares students to continue their undergraduate degree in education. The degree is designed for those interested in teaching and coaching as a profession. Students interested in recreation management may also pursue this degree.

Credits Required: 64

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Concentration Requirements **23**

<input type="checkbox"/>	PED	101	Introduction to Physical Education	3
<input type="checkbox"/>	PED	103	Care and Prevention of Athletic Injuries	3
<input type="checkbox"/>	PED	105	Personal & Community Health	3
<input type="checkbox"/>	PED	118	First Aid	2
<input type="checkbox"/>	PSYC	101	General Psychology	3
<input type="checkbox"/>	PSYC	201	Developmental Psychology	3
<input type="checkbox"/>	*Concentration Electives			6
<input type="checkbox"/>	_____			
<input type="checkbox"/>	_____			

Recommended Course Sequence

SEM 1: PED 101, PSYC 101
SEM 2: PED 103, PED 118
SEM 3: PED 105, PSYC 201, Concentration Elective
SEM 4: Concentration Elective

Student Organization

Health and Fitness Club

General Education Requirements **41**

<input type="checkbox"/>	BIOL	120	Biology <i>or</i>	
<input type="checkbox"/>	BIOL	130	Anatomy and Physiology	5
<input type="checkbox"/>	COMM	101	Public Speaking	3
<input type="checkbox"/>	ENGL	101	English Composition I	3
<input type="checkbox"/>	ENGL	102	English Composition II	3
<input type="checkbox"/>	MATH	115	College Algebra	3
<input type="checkbox"/>	PED	116	Lifetime Fitness	1
<input type="checkbox"/>	Physical Science Elective with Lab			5
<input type="checkbox"/>	_____			
<input type="checkbox"/>	Humanities Electives			6
<input type="checkbox"/>	_____			
<input type="checkbox"/>	_____			
<input type="checkbox"/>	Social and Behavioral Science Electives			6
<input type="checkbox"/>	_____			
<input type="checkbox"/>	_____			
<input type="checkbox"/>	General Education Electives			6
<input type="checkbox"/>	_____			
<input type="checkbox"/>	_____			

After Graduation

Students completing the A.S degree in Physical Education generally pursue an undergraduate degree in Education. The A.S degree prepares the student to transfer to a four year institution to continue their degree in physical education.

***Concentration Electives:**

With emphasis on Coaching/Teaching

<input type="checkbox"/>	EDUC	134	Preprofessional Lab for Teachers <i>and</i>	1
<input type="checkbox"/>	EDUC	140	Intro to Teaching <i>must be taken concurrently</i>	3
<input type="checkbox"/>	PED	189	Rules & Officiating	3
<input type="checkbox"/>	Choice of one 3 hour Coaching Theory course			3

With emphasis on Recreation/Leisure:

<input type="checkbox"/>	PED	107	Community Recreation	3
<input type="checkbox"/>	PED	109	Recreational Activities	2

AND Select 1 PE Activity Elective from following list:

<input type="checkbox"/>	PED	120,121,210,211 V.	Baseball	
<input type="checkbox"/>	PED	122,123,214,215 V.	Basketball	
<input type="checkbox"/>	PED	129,130,220,221 V.	Softball	
<input type="checkbox"/>	PED	131,132 V.	Volleyball	
<input type="checkbox"/>	PED	133,134,222,223 V.	Wrestling	
<input type="checkbox"/>	PED	162	Swimming	1
<input type="checkbox"/>	PED	171	Zumba	1
<input type="checkbox"/>	PED	172	Kickboxing	1
<input type="checkbox"/>	PED	185	Lifesaving	2
<input type="checkbox"/>	PED	193	Yoga	1
<input type="checkbox"/>	PED	195	Weightlifting	1
<input type="checkbox"/>	PED	196	Crossfit Training	1
<input type="checkbox"/>	PED	198	Watercolor Painting	1
<input type="checkbox"/>	PED	199	Jewelry Making	1
<input type="checkbox"/>	PED	200	Knitting & Crocheting	1

Courses designated as Physical Science, Natural Science, Humanities, Social Behavioral and General Education electives can be found on page 82. Placement Tests or pre-requisites are required for English Composition I, Math courses and most General Education Electives. See page 31 for complete Placement information. All first-time, full-time students with fewer than 15 credit hours after high school graduation are required to enroll in the College Success Skills course during their first semester. Some courses are not offer each semester. Always make an appointment with your major advisor to enroll each semester.