LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

SPECIAL NOTE:
This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):
Please check with the LCC bookstore http://www.labette.edu/bookstore for the required texts for this class.

COURSE NUMBER: PED 101
COURSE TITLE: INTRODUCTION TO PHYSICAL EDUCATION
SEMESTER CREDIT HOUR: 3
DEPARTMENT: Physical Education
DIVISION: General Education
PREREQUISITE: None

COURSE DESCRIPTION:
Study of history, philosophy, and social significance of physical education. Includes equipment design, calls visitation, and construction of a physical education program.

COURSE OUTCOMES AND COMPETENCIES:
Students who successfully complete this course will be able to:

1. Exhibit knowledge of the procedures for physical testing and how to correctly apply these toward broad based data.
   - Analyze a fitness test and the resulting outcome data chart.
   - Compare personal data to national testing scores.
   - Capable of discriminating poor performance from high performance using information contained within study sample and national data.

2. Demonstrate a working knowledge of the ‘learning domains’ and be able to relate them to an educational curriculum.
   - List the learning domains.
   - Describe the learning skills unique to each domain.
   - Develop a working physical education curriculum model based upon the understanding of, and appreciation for, the role that learning domains play in the educational process.
3. Become acquainted with a significant vocabulary involved in the discipline of physical education.
   - Define, describe, or characterize basic terms used in the process of physical testing.
   - Demonstrate the capability to use correct anatomical terms, when describing physical tasks, in responding to test questions, or in the production of class papers.
   - Know the terms used in the description of motion and movement.

4. Demonstrate an understanding of the ‘principals of movement’ via use of lab and hands-on projects.
   - Analyze a particular motion or movement, whether it is correct or not, and apply it as sports specific or not.
   - Exhibit skills in the use of simple lab testing equipment and procedure.
   - Involved in the testing of fellow students.
   - Generate five projects in which movement, movement influences, and flow will be the basis for the project.