LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

SPECIAL NOTE:
This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):
Please check with the LCC bookstore http://www.labette.edu/bookstore for the required texts for this class.

COURSE NUMBER: PED 103
COURSE TITLE: CARE AND PREVENTION OF ATHLETIC INJURIES
SEMESTER CREDIT HOURS: 3
DEPARTMENT: Physical Education
DIVISION: General Education
PREREQUISITE: None

COURSE DESCRIPTION:
The study and application of the methods used in athletic training to prevent and to care for injuries specific to athletic participation.

COURSE OUTCOMES AND COMPETENCIES:
Students who successfully complete this course will be able to:

1. Understand the introductory concepts of athletic training.
   - Know the historical significance of athletic training.
   - Know the origin and administration of the National Athletic Trainer’s Association.
   - Know the Board of Certification policies.

2. Understand and properly use equipment and supplies needed for an athletic training program.
   - Understand how to complete a proper inventory.
   - Demonstrate how to properly store athletic training supplies.
   - Demonstrate the proper sequence when dealing with blood borne pathogens.

3. Identify the basic causes of athletic related injuries.
   - Differentiate between acute injuries in various sports.
   - Distinguish the varying causes that lead to sports trauma.
   - Show a familiarity with the biomechanical aspects of chronic sports injuries.