LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

SPECIAL NOTE:
This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):

Please check with the LCC bookstore http://www.labette.edu/bookstore for the required texts for this class.

COURSE NUMBER: PED 140
COURSE TITLE: THEORY OF COACHING BASEBALL
SEMESTER CREDIT HOUR: 3
DEPARTMENT: Physical Education
DIVISION: General Education
PREREQUISITE: None

COURSE DESCRIPTION:
Discussion and participation in pre-season and in-season training methods, skill development, and administrative principles in coaching of baseball.

COURSE OUTCOMES AND COMPETENCIES:
Students who successfully complete this course will be able to:

1. Exhibit knowledge in various parts of the sport including game and practice strategies.
   - Describe and present defensive cutoff alignments.
   - Compile knowledge of run-down defense situations.
   - Describe bunt defense, straight steals, and first and third situations and strategies for practice and games.

2. Acquire knowledge of pre-season through in-season condition and organization of practices.
   - Design and implement baseball specific pre-season workouts (weight training and cardiovascular training).
   - Design and implement baseball specific in-season workouts (weight training and cardiovascular training).