

LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

SPECIAL NOTE:

This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):

Please check with the LCC bookstore <http://www.labette.edu/bookstore> for the required texts for this class.

COURSE NUMBER: PED 162

COURSE TITLE: Swimming

SEMESTER CREDIT HOURS: 1 credit hour

DEPARTMENT: Physical Education

DIVISION: Continuing Education/Workforce

PREREQUISITE: Complete the CORE requirements.

REVISION DATE: September 2017

COURSE DESCRIPTION:

This course is designed to teach students how to swim and to understand the importance of water safety by exploring some of the hazards associated with aquatic activities and environments.

COURSE OUTCOMES AND COMPETENCIES:

Students who successfully complete this course will be able to:

1. Gain the ability to master the fundamentals of Swimming

- Understand the importance of water safety
- Demonstrate proper swimming techniques
- Demonstrate enhanced fitness levels