

Labette Community College
Athletic Training
Emergency Action Plan for the
Weight Room

Coach Responsibilities for Pre-Practice/Event Site:

1. Make sure area is safe for participation.
 - Constantly monitor the weather (heat, lightening, etc.) and adjust accordingly
2. Confirm a means of contacting Certified Athletic Trainer and/or EMS
3. Have access to keys for unlocking doors/gates for ambulance entree to event
4. Ensure an employee of LCC monitors the entire duration of the practice

Emergency Situation Communications:

1. Call 911 or other emergency number as per College policies.
2. State that we have an injured student-athlete in need of emergency medical treatment at Labette Community College. We are requesting Emergency Medical Services (EMS) personnel to report to Labette Community College and meet a site supervisor at the weight room.
 - Gymnasium is located on the corner of Heacock and Main Street
 - Main parking lot located off of Main Street
3. Provide necessary information to EMS personnel:
 - Name, address, telephone number of caller
 - Number of victim/s and condition of victim/s
 - Nature of emergency
 - First aid currently being provided
 - Specific directions needed to locate scene
 - Other information as requested by dispatcher
 - Do not hang up until EMS does
 - Hold phone until EMS has arrived
4. Stabilize the athlete and provide emergency treatment and support until arrival of EMS. Assess airway and breathing. Assess circulation. Assess for and control major bleeding. Assess pulse. Assess skin (color, temperature, condition).
 - If able LCC staff member should accompany student-athlete to hospital
 - Notify athletic training staff and administration
 - Parents should be contacted
 - Obtain medical history and insurance information
 - Appropriate injury reports should be completed

EMERGENCY TELEPHONE NUMBERS

Labette Health Emergency Department 620-421-4881
Labette Health Express Care 620-820-5990
Emergency Medical Services 911
Athletic Training Room Office 620-820-1027
Facilities Office 620-820-1235
Athletic Director Office 620-820-1017